

## Morning Preschool Classroom Schedule

### Monday and Tuesday Mornings

**8:00 am:** Program opens

**8:00 am – 9:50 am:** Free play in the classroom (free play includes all areas of the classroom open for exploration, discussions and activities focusing on the children's development and interests, such as creative experiences, sensory play, blocks and building, imaginative play etc.)

**9:15 am – 9:50 am:** Free flow snack (children wash their hands and come to snack when they are ready)

**9:50 am – 10:30 am:** Gross motor play in the gymnasium (children will have the opportunity to participate in a planned activity that involves gross motor play, as well as riding scooters/bikes, throwing balls, playing with hoola-hoops, etc.)

**10:30 am – 10:50 am:** Planned group and circle time (this includes songs, finger plays, games and stories)

**10:50 am- 11:45 am:** Outdoor play on preschool playground (this includes planned gross motor activities as well as free play with the materials provided for exploration of their environment), weather permitting. If weather keeps us inside, the children will be provided with table top activities (such as activities that focus on fine motor, hand eye coordination, sensory exploration, etc.) and special activities.

**11:45 am:** program ends

**\*washroom breaks/diaper changes will take place as they are needed**

### **Wednesday, Thursday, Friday Mornings**

**8:00 am:** Program opens

**8:00 am – 10:00 am:** Free play in the classroom (free play includes all areas of the classroom open for exploration, discussions and activities focusing on the children's development and interests, such as creative experiences, sensory play, blocks and building, imaginative play etc.)

**9:30 am – 10:00am:** Free flow snack (children wash their hands and come to snack when they are ready)

**10:00 am – 10:25 am:** Planned group and circle time (this includes songs, finger plays, games and stories)

**10:25 am – 11:00 am:** Gross motor play in the gymnasium (children will have the opportunity to participate in a planned activity that involves gross motor play, as well as riding scooters/bikes, throwing balls, playing with hoola-hoops, etc.)

**11:00 am- 11:45 am:** Outdoor play on preschool playground (this includes planned gross motor activities as well as free play with the materials provided for exploration of their environment), weather permitting. If weather keeps us inside, the children will be provided with table top activities (such as activities that focus on fine motor, hand eye coordination, sensory exploration, etc.) and special activities.

**11:45 am:** Program Ends

**\*washroom breaks/diaper changes will take place as they are needed**